



# 2<sup>nd</sup> WORLD CUP 2026

## KYOKUSHIN WORLD FEDERATION



### Certificado Medico

Competitor's Name : \_\_\_\_\_

Date of Birth : \_\_\_\_\_

Country : \_\_\_\_\_

**1. General Health :** The above-mentioned competitor is in good health and presents no medical conditions that would prevent participation in the Kyokushin World Championship.

**2. Physical Condition :** The competitor has an adequate level of physical fitness and strength to participate without significant risk.

**3. Cardiac Health:** The competitor's heart rate, blood pressure, and overall cardiac health are within normal limits and do not represent an obstacle to participation.

Systolic blood pressure (must be below 135 mm) : \_\_\_\_\_ mm

Diastolic blood pressure (must be below 85 mm): \_\_\_\_\_ mm

Heart rate (must be below 85 bpm): \_\_\_\_\_ bpm

**4. Medication Use:** The competitor is not taking any medication that could affect participation.

Date: \_\_\_\_\_

Physician's Signature : \_\_\_\_\_